



Farmyard Puzzles

As well as developing two-handed play this game gives the helper hand practice in:

*Thumb/finger grasping
Holding
Reaching
Releasing
Supination*

Ask your child to place the puzzle pieces on the table so that he/she cannot see the pictures.

Try to make sure that the pieces are spread slightly more on the helper hand side to encourage your child to pick up with the helper hand.



If he/she finds this difficult then encourage your child to try again and praise his/her efforts.

If your child continues to struggle, suggest trying to pick up with the dominant hand and pass the piece to his/her helper hand. Your child can try using the helper hand again the next time you play this game!



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Ask your child to choose a piece with each hand and turn them over to see if they match. This turning movement is good to encourage supination.

If the pieces don't match, ask him/her to put them back on the table and choose again.

If the pieces match, ask your child to put them together to make an animal.



Remind your child to hold one piece steady in one hand and place the other piece with her other hand so that they fit together correctly.



Your child may like to make up a story with all of the animals. Ask your child to hold the animal he/she is talking about – this means using both hands to make sure that the pieces stay together!

We hope that your child will have lots of fun with this game.

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